



European
Commission

Traineeships



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EASME

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The programme



- The EC Traineeship programme ("Blue Book") is the world's biggest by number of applications and traineeships offered
- It offers a 5-month traineeship to university graduates from the MS and 3rd countries
- The Commission recruits around 650 trainees twice a year (two sessions starting respectively on 1/03 and 1/10 each year)
- Minimum requirements to apply include:
 - Candidates having completed the 1st cycle of a higher education course (bachelor, 3years) and obtained it by the closing date;
 - Candidates must have very good knowledge (C level) of at least 2 EU languages, of which 1 should be one of the working languages of the European Commission (EN, FR or DE)

Advantageous:

- Motivation
- Other languages
- Relevant work experiences
- Studies in rare domain

Objectives



FOR THE COMMISSION

- Involve university graduates in the world of work
- Input of university graduates who offer a fresh eye
- Create a pool of university graduates to collaborate with the EU in the future
- Create a network of EU "goodwill ambassadors"

FOR THE TRAINEE

- Paid traineeship in a large organisation
- Opportunity to put into practice knowledge in their fields of competence
- Eye-opener on EU working methods
- Hands-on insight of a real multicultural environment

A human and financial investment



- **Grant of 1.176,83 € a month**
- **The total cost is +/- € 3 000 per trainee per month**
(grant + health/accident insurance + travel expenses)
- **The adviser plays a key role ...**

Evaluation



Reference period: March 2017

85% have Master's Degree

4% have PhD

11% have only Bachelor's De

	March 2015	October 2015	March 2016	October 2016
MASTER	80%	85%	85%	87%
PhD	8%	6%	7%	5%
BACHELOR	12%	8%	11%	8%

The Websites



Europa

General information, application forms and selection procedure

http://ec.europa.eu/stages/index_en.htm



Guide for



Traineeships
Programme

