



# Enhancing Emotional and Social Competencies for Career Readiness (ESCs-CR)

## Spring School

This program is organised within the framework of the project EFC: Educating Future Citizens and is specifically designed to bridge the gap between academic knowledge and professional success.

The Spring School is designed to be a compelling personal journey through which participants will engage in discovery of their future career aspirations and craft a learning path that will allow them to nurture those emotional and social competencies (ESCs) necessary to attain their personal and professional goals.

### **Introduction Ideal Self**

Monday 23 March from 2.00 to 5.00 pm

### **Vision - Real Self Introduction**

Monday 30 March from 2.00 to 5.00 pm

### **Real Self**

Friday 17 April from 10.00 am to 13.00 pm

### **Learning Agenda**

Friday 24 April from 10.00 am to 13 pm

### **Learning Plan**

Thursday 8 May from 10.00 am to 13.00 pm

### **Seminar competency 1 *Empathy***

Friday 15 May from 10.00 am to 13.00 pm  
and from 14.00 pm to 16.00 pm

### **Seminar competency 2 *Teamwork***

Monday 25 May from 10.00 am to 13.00 pm  
and from 14.00 pm to 16.00 pm

### **Seminar competency 3 *Persuasion***

Friday 5 June from 10.00 am to 13.00 pm  
and from 14.00 pm to 16.00 pm

**Certified with open badge**

**Follow up November 2026 TBD**

San Giobbe, Economic Campus, Building C1, Saraceno Room

To submit your application, please write to  
[collegio.internazionale@unive.it](mailto:collegio.internazionale@unive.it) by **March 19<sup>th</sup>**.