Choose Ca’ Foscari
Do sport with us

www.unive.it/cafoscarisport
sportnautici@unive.it
www.cusvenezia.it
info@unive.it
2022-23 SPORTING ACTIVITIES

ACTIVITIES AT CA’ FOSCARI
Cultural Promotion Office in cooperation with IUAV University, CUS Venezia

ROWING COURSES
Dragon Boat, Venetian Rowing, Kayaking, Rowing beginner courses; hikes and trips to the islands of the lagoon.
Facilities:
- Venice: ‘Sacca San Biagio’ rowing centre (Sacca Fisola)

Dragon Boat, Venetian Rowing and Kayaking
Spring course (March, April), individual lessons
Autumn course (September, October), individual lessons
€2.50 per lesson

Rowing
8-lesson spring course (March and April)
6-lesson autumn course (September)
€2.50 for the entire course

COMPETITIVE ACTIVITIES AND SPORTING EVENTS
DRAGON BOAT: participation in National and International Championships; University Championships
GAELEON BOATING: University International Rowing Challenge on the occasion of the Venice “Regata Storica”

Contacts: sportnautici@unive.it

CLUBS
Chess club (scacchi@unive.it), meets at various Ca’ Foscari venues
Running club (palestra@cusvenezia.it), training at CUS Venezia
Uni CleanUp Venice club, in collaboration with Sustainability Office

CUS VENEZIA SPORTING ACTIVITIES
c/o UNIVERSITY SPORTS FACILITIES
(Dorsoduro, 2407 – 30123-Venice)
www.cusvenezia.it – info@cusvenezia.it / palestra@cusvenezia.it– Tel. 041 5200144
OPEN DAY: September 2023

- Fitness Gym
- Judo, Ju Jitsu and self-defence courses
- HIIT (High Intensity Interval Training) courses
- Classical Pilates courses
- Zumba Courses
- Volleyball Courses
- Tennis Courses
- Calisthenics courses

ACTIVITIES/COURSES TOGETHER with other Associations
Swimming (free swimming, swimming courses, aquagym, hydrobike and aquagag)
Swimming pools: Centro Polisportivo S. Alvise – Rari Nantes
Sacca San Biagio (Venice)
Diving and freediving (courses of various levels and certification)
Sub Rari Nantes Swimming Pool Sacca San Biagio

Yoga (courses)
Jaya Yoga (S. Polo 2171 – Venice)

Table Tennis (basic and agonistic)
TennisTavolo Venezia (Palasport G.B.Gianquinto – Venice)

Kick Boxing Courses
Scorpio A.S.D. (Palasport G.B. Gianquinto – Venice)

Figure Skating
A.S. Skating Mestre (Arcobaleno Skating Track – Mestre)

San Giuliano Athletics Field (use of facilities)

Men’s 5-a-side and women’s 7-a-side rugby
Venezia Rugby (Bacini Arsenale and 4 Fontane Lido rugby field)

Bocce – Bowls (courses)
A.S.D. Mariano Cucco - Venice

Snow walking (weekend or same-day)
Winter Campus in Val di Zoldo

For registration and information, please contact the CUS Venezia secretariat Tel. 041.5200144 – palestra@cusvenezia.it or sign up with the form downloadable at www.cusvenezia.it/english/

COMPETITIVE ACTIVITIES WITH CUS VENEZIA:
C.N.U. - National University Championships
You can participate with the Venetian university team in:

Winter C.N.U.
- Giant Slalom and Slalom skiing

Spring C.N.U.
- Team sports: volleyball (m/f), 7-a-side rugby (m)
- Individual sports: athletics, tennis, judo, karate, taekwondo, wrestling, fencing, chess (new!), table tennis, canoeing, kayaking, rowing and boxing

Federal Competitive Activities
You can participate in federal activities with the following teams:
- Men’s and women’s athletics
- Men’s and women’s Judo
- Men’s handball
- Men’s and women’s volleyball

Sporting events
Various sports events are organised throughout the year, such as:
- Department games with tournaments and multi-sport challenges
- University 5-a-side Football Tournament (m)
- University Sport Games - Alpine skiing
(The events are organised in collaboration with IUAV University and CUS Venezia)

Scholarships
Students regularly enrolled at Ca’ Foscari can participate in the awarding of ‘Bravi nello studio, bravi nello sport’ scholarships for deserving students on the basis of both academic and sporting results.

Join the university sports activities. Come row, run, ski, dance, sail, play volleyball, football, basketball, rugby, tennis... and above all, come and have fun with us!

Erasmus students are welcome!